



ZONTA
CLUB OF
PERTH INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

The Opportunity

You can mentor/befriend women from Ishar Multicultural Women's Health Services. The opportunity is open to Zontians and non-Zontians.

The Commitment

- Willingness to support another human being
- Through mutual consent, as a minimum, requires 30 minutes once a month
- Catch ups can be
 - Remote (Zoom/Whats App) or
 - Face-to-face
- No financial outlay
- No special skills required

Women supporting women.



What can I do?

- Be a friend
- Listen
- Laugh
- Learn
- Care
- Help with English
- Advise on Australian culture
- Be open to new ideas

The Reward

Satisfaction of knowing you have done something to help another person settle in a new country.

I'm in—What's next?

Contact Sue Martins at
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The Zonta Club of Perth is your local international human rights organisation committed to empowering women and girls worldwide through service and advocacy.

www.zontaperth.org.au