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Club Meetings

- o Second Thursday of the month (except January)
- o 6.15pm for 6.45pm
- o St Catherine's College, UWA

Apologies

- o By 12 noon previous Monday
- o zontaperth@gmail.com

******NOTE NEW CLUB EMAIL ADDRESS******

Contact us

- o zontaperth@gmail.com
- o www.zontaperth.org.au
- o PO Box 237
- o Nedlands WA 6909



ZCP President 'Tricia Summerfield

1. President's Message

'Tricia Summerfield, ZCP President

As we begin a new Zonta year, I would like to thank all those members who have stepped up, or continued, to take a role on the Board and as Team Leaders. Having three of the four Team Leaders on the Board will certainly help the smooth running of the club. I would like to thank Karina Moore for her tremendous contribution as Treasurer; Karina will resign in August and Val Gandossini has enthusiastically taken up the challenge and is treasurer-in-training. We look forward to the support of all club members in performing our roles.



L-R: Janine Wyatt (Minutes secretary) and Janet Fitchat (1st yr Director) being installed by Carole Theobald, Area 3 Director

We have also begun the Zonta year with some sad losses: John Oldham who died just over a year after our dear member Jean passed away; Barbara Hale, retired charter member, Vice President 1974-6 and President 1976-8; and Wendy MacGibbon's husband Dudley who contributed greatly to Zonta fundraisers and as behind-the-scenes treasurer, a model "Hon-Zon". Our condolences to all their loved ones.



L-R: Wendy Atherden being installed as 1st Vice President by Carole Theobald

Recent club highlights:

- A successful fundraiser at Morrison's fashion boutique has boosted club funds by over \$2,000. Congratulations to the many club members who contributed to this event.
- At our June meeting we heard from the Club's Young Woman in Public Affairs Award winner, Clare Moran from St Hilda's Anglican School. What an amazing young woman – we have great hopes she will advance in the award levels!
- The Golden Z Club project has come to fruition with the receipt of the charter dated 1 June; a charter dinner will take place when exams are completed in August.

I will be in France on holidays for most of July so Vice President Sandra Burns will chair the Board and Club meetings. I'm sure she'll do a great job.



L-R: Donella Caspersz being installed as 1st year Director by A3 Director Carole Theobald

And I close with another reminder to sign up for District 23 Conference 13-15 September. You'll never, never know if you never, never go and it's an opportunity to attend in our home city.



Visit www.zontadistrict23.org.au

to register on line, book accommodation and keep up to date with all the conference news!



The logo of the newest Golden Z Club in Australia!



There will be no charge for the Charter dinner being organised by Golden Z Club members below, thanks to the generosity of St Catherine's College



Some of the Golden Z Club members: Back row L-R: Kate Hill, Wei Liam Tan, Lauren Rosher, Kate Powe, Christine Hui, Manal Masood. Front row L-R: Nocola Rosher, Cara Webling (President), Gemma Leeson (Vice President) and Vanitha Jayakumar

2. Golden Z Club Charter Dinner

Sandra Burns – Golden Z Club Coordinator

As members will all be aware our newly formed Golden Z Club of St Catherine's College, University of Western Australia, received its Charter on 1st June 2013.

Due to exams and university holidays the Charter Dinner, being organized by the new club members, had to be postponed until the new semester.

The CHARTER DINNER for the GOLDEN Z CLUB will be held on Monday 12th August 2013. All Zonta Club of Perth members will be invited to attend the dinner as guests of St Catherine's. The girls will be sending out invitations via email very shortly. I do hope as many club members as possible will be able to attend and support the 14 young Charter Members.

The Gavel they will receive will be quite historic as it is the Gavel returned from the former Zonta Club of South Perth and the inscription for the Golden Z Club is on the reverse side of the silver band.

This will be the first Golden Z Club in District 23 and we are delighted that Zonta International Director, Elizabeth Woodgate, one of top Zontians in the world, will present the certificate on the historic occasion of the charter dinner.

The club would not have been possible without the contribution and support of Fiona Crowe Head of College, Katie Parsons Dean of Students at St Catherine's College and the enthusiasm and efforts of students Rebecca Adamson and Nikki Dumbrell. Together their efforts prepared the way for the establishment of the Golden Z Club with the incoming team led by inaugural President Cara Webling.

We look forward to providing lots of photos of the charter dinner in the next Inzert!

Editor: a few extra words from Sandra...

I have enjoyed immensely the opportunity to be involved with the development and Chartering of the Club along with Lennie McCall and Carole Theobald who have done much of the foundation work in preparation for this to occur. Please note that Lennie and Carole are still very involved with the Golden Z girls, as am I, and I thank them for all their guidance and support. On the Charter Dinner night, Lennie and Carole will be leading the way as I will be on leave and this is fitting tribute for all their involvement.

3. Morrison Fashion show

Val Gandossini

On the evening of June 5th 2013, the Zonta Club of Perth held a successful and enjoyable fundraiser, an exclusive event to view Morrison's winter collection at their Claremont store. The event was supported enthusiastically by Zontians and friends both with attendance and organisation. This event raised \$2,300.

Morrison's humble beginnings date back to 2002, when husband and wife team, Richard Poulson and Kylie Radford, dreamt of owning a boutique store in Fremantle, filled with delighted customers wearing their own fashion label.

At the heart of Morrison, are two very strong influences – **Morrison the dog** – a kelpie cross whose humanity and loyalty was the inspiration behind the brand and **Kylie Radford**. Both have a lot in common – they're lively, honest, loyal, family focused and above all fun to be around with boundless energy and enthusiasm! It's with this enthusiasm that Kylie first moved to Perth from Tasmania some years ago. Morrison brand has only grown in strength ever since.

Special thanks :-

- **Kylie Radford and Richard Poulson**, Morrison designer and founders who willingly gave of their and their staff members' time to host the event. Kylie and Richard also donated wine for the evening and generously gave 10% of the night's takings to Zonta.
- **Models – Leah** (Judy Tennant's daughter), **Danielle** (Leah's friend) and



Morrison the dog that started it all



L-R Natasha Vinci, Adrienne Holthouse, Richard Poulson and Kyle Radford



L-R Danielle, Leah and Den

Den (Golden Z Club member) who gave of their time and modelling experience to superbly model a range of clothing from the collection.

- *Within The Zonta Club of Perth* :- **Agnes Vacca** (for coming up with the concept) and **Judy Tennant** for liaising with Morrison and organising the three models for the evening. **Karen Groves, Jill Anderson, Roslyn Budd, Carole Theobald, Wendy Atherton, Vera Riley, Deb Mason, Tricia Summerfield, Lois Joll and Lyn McArthur** for helping make this event a successful fund raiser.

Thanks to Den for being photographer for the evening and supplying photographs 2 and 3 for this article.



Clare Moran
2013 Winner of YWPA

4. Zonta Club of Perth Young Woman in Public Affairs Award 2013

Janet Fitchat

The 2013 Zonta Club of Perth's Young Woman in Public Affairs Award winner was announced at the May club meeting. The award is given to young women who demonstrate leadership skills and commitment to public service and civic causes, and encourages them to continue their participation in public and political life. Applications were received from schools throughout the Perth region. The winner was Clare Moran, a year 12 student from St Hilda's Anglican School for Girls. Clare delivered her acceptance speech at the June Zonta Perth Club meeting and received her prize money of \$500.



Clare with her proud Mum at the June Dinner meeting

Clare has a strong interest in the scientific field. She has initiated and been involved in projects in her school and surrounding community to promote her passion in this field, and help better the lives of others. Clare Moran is a young woman who believes that today's women are hindered by the assumptions of the society surrounding them and the attitude of establishments towards them. Women must be provided with alternative role models to challenge this, and with her multiple talents, Clare has proven that she is on her way to become such a role model for woman all over the world.

The Zonta Club of Perth would like to congratulate Clare on winning the Club's YWPA award for 2013 and thank all the outstanding young women who entered for this award.



Natalie Meyer shows her certificate

5. Area 3 Jane M Klausman Women in Business Scholarship 2013

Carole Theobald

Natalie Meyer, the winner of the Area 3 Jane M Klausman Women in Business Scholarship for 2013, is currently studying two degrees at UWA: a Bachelor of Arts majoring in Japanese and Chinese and a Bachelor of Commerce majoring in Marketing and Management. She is currently in China competing in a televised cross cultural Chinese Bridge Competition where her language skills will be pitted against over 100 students from 70 countries. Following the competition, Natalie will be travelling on to the University of Toronto where she will be studying for the Fall Semester as part of a UWA exchange program. The travels don't stop there as she will spend Christmas in New York and then visit relations in South Africa for the summer.

Members Jill Anderson and Carole Theobald managed to catch up with Natalie before she left and presented her with her certificate. Natalie was over the moon to hear that she had won the prestigious Area 3 award. The award has special meaning for her, as a young woman she much admires, Holly Ransom, was a previous winner. Holly and Natalie both went to Methodist Ladies College and share natural enthusiasm, winning smiles and a 'have a go' attitude! Like Holly, we are sure that Natalie will be a 'woman to watch' in the future. Meanwhile she will be an excellent advocate for Zonta and we wish her well in her busy and challenging year ahead.



Natalie(right) shows Jill Anderson (left), and Carole Theobald (centre) some of the places she will be visiting in China

6. Education Award Winner 2013 – Sharon Rose

Jill Anderson

Sharon Rose has been selected as the recipient of the club's 2013 Education Award.

Sharon lives in Manjimup and travels by bus for two hours each way to the ECU Campus in Bunbury where she is studying for a Degree in Education. She has had extensive experience as a voluntary community volunteer and organiser, teaches and performs flamenco dancing and has been a member of the Army Reserve.

At the age of 49 Sharon is fulfilling a lifelong dream of attending university and becoming a teacher which at previous stages in her life she had thought would be impossible. Because of the current workload of the course and family commitments, employment is not readily available. She is working hard at her studies and will use the money to fund an internet connection so she can access study resources online.

Sharon attended the July 11th Dinner meeting with her mother Judy and her daughter Shelby and gratefully received her certificate and cheque for \$2,000 after giving us a moving presentation about herself and her goals in life.



L-R: Sandra Burns Vice President presents Sharon Rose with the 2013 Education Award

7. New member – Deanna Byers

Deanna has been a member of the Zonta Club of Para District in South Australia for the past seven years and was a Board Member (Director) for the past two years.

Deanna spent 22 years in the Royal Australian Air Force doing a multitude of jobs including Signals Operator, Indonesian Linguist and for the past 12 years as an Airborne Electronics Analyst. She is currently employed as a Planning and Training Manager with CHC Helicopters.

Deanna lives with her partner, Dafydd, and has a 16 year old daughter, Jade, who resides in Adelaide, in order to continue her schooling. Deanna is very excited to be transferring to our club and we are all looking forward to working with her. *Welcome Deanna!*



Area 3 Director Carole Theobald welcomes Deanna Byers to the Zonta Club of Perth

8. Undies for Better Understanding

Carole Theobald and Sandra Burns

International Gynaecological Awareness Day (IGAD) is the 10th September – very close to D23 Conference. As Kath Mazzella (founder of IGAD) will be a speaker on the Saturday's 'Visibility and Credibility' D23 Conference session, it will be a good opportunity to demonstrate Zonta's credibility and visibility by supporting her 'Undies for Better Understanding' project...

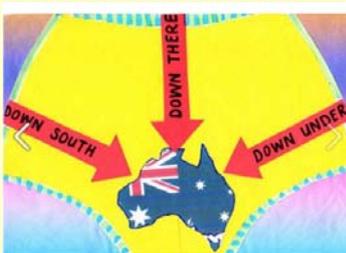
What's it all about? Talking about anything 'below the waist' is almost taboo in our culture and this project is designed to start conversations and raise awareness about women's bodies. Women need to take care of their personal plumbing – and the undies will not only help identify the parts but also help describe what can happen, physically and emotionally, when the plumbing is broken. By knowing our bodies, we will know more quickly when something is not right and get help, earlier rather than later, to fix it!

What do you need to do? Basically, people around the world are decorating the 'undie templates' or creating their own designs to show how they are raising awareness of gynaecological issues. Simple and fun!! Download the flyer with templates from our club website at www.zontaperth.org.au

Bring the undies to Conference and they will be 'hung out' on washing lines and a few publicity photos will be taken. Alternatively, decorate the undies and photograph them – just email the photo to zontaperth@gmail.com and we will print them out and bring them to Conference to peg on the line.



Undies for Better Understanding is a great way to raise awareness of personal plumbing!!



Find out more at [Facebook.com/IGAD2013Campaign](https://www.facebook.com/IGAD2013Campaign)



Rebecca Christou (Bec)
Past member of ZCP
2008-12



Bec will be travelling from Milan



...to Istanbul!

9. Challenge of a Lifetime – Bec Christou

Former club secretary, Rebecca Christou (Bec) is on 'A Challenge of a Lifetime' to raise awareness of women's self-protection. Her challenge is to get from Milan to Istanbul with only US\$100 dollars and only two weeks to make it.

Bec explains: Why you may ask, would I do such a challenge? A question I asked myself moments after the words "I am in" came out of my mouth.

I was attacked by a guy that was following me whilst I was walking to work, I managed to get away and I was only left feeling vulnerable and nervous to be on my own. I later found out that the guy that attacked me was in prison for charges that are best left unsaid. I feel lucky yet my thoughts go to what happened to those that followed me or all of the cases like mine and worse.

My move to change. Since, I have taken a self-protection course and I am super keen to spread the word that even if the world is full of people that do horrible things to others, there are things we can do to improve our own safety and security. The biggest thing I have learnt is awareness of my environment and understanding weaknesses and strengths and making decisions that don't compromise my own safety. If someone is getting too close a strongly worded "Back off - You're freaking me out!" can show you are not willing to give it up.

Even though I'm scared out of my mind to be doing such a thing at the same time I want to stand up for women and make us all know that we can travel 2000km across Europe and stay safe!

To find out more visit :- www.pozible.com/project/27759/

Ed: Many friends have supported Bec in her quest with \$1390 being pledged to help her in the challenge of a lifetime.

10. Help Required @ PBC Expo 9-11th August



Area 3 Birthing Kit Coordinator, Jean Wyder from the Zonta Club of Perth Northern Suburbs has secured a stand at the Pregnancy, Babies and Children's Expo Friday 9th August – Sunday 11th August at Claremont Show Grounds Exhibition Centre, Claremont. <http://www.pbcexpo.com.au/>

The Expo is held in most states in Australia and the Birthing Kits are featuring at many of them. This is a great way of getting the message out about the marvelous work of the Birthing Kit Foundation and also of Zonta! If you can spare a couple of hours, contact Jean at wydervisoin@gmail.com

11. Diary dates

8 August Club Dinner Meeting, St Catherine's College, 6.15 for 6.45pm

9-11 August 2013 – Pregnancy, Babies and children's Expo, Claremont Show Grounds

Support the Zonta stand featuring the birthing kits!

12 August 2013 - Golden Z Club of St Catherine's College, Charter Dinner

Don't forget to RSVP before 2nd August to stcatherinesgoldenclub@gmail.com

10 September 2013 – International Gyn Awareness Day

Submit your entries in the Undies for Better Understanding project to zontaperth@gmail.com so they may be displayed at the D23 Conference.

13-15 September 2013 – District 23 Conference, Rendezvous Hotel, Scarborough

Still time to register! On line registrations and information available at www.zontadistrict23.org.au



International GYN Awareness Day

10 September

Did you know?

- 1 in 6 women in Australia have STI's or blood-borne viruses
- 1 in 6 couples in Australia are infertile
- 50% of women with ovarian cancer die
- 12-18% of women of reproductive age have polycystic ovaries
- 50% of women have or will develop fibroids

...and that is just a small slice of the gyn and sexual health pie...

That's why we need... International Gyn Awareness Day

Get involved in the Undies for Better Understanding Project at
[Facebook.com/IGAD2013Campaign](https://www.facebook.com/IGAD2013Campaign)



Want to know what is happening in your club? Visit www.zontaperth.org.au