



In This Issue

Bibbulmun track walk p1-4
Afghan women p5
Penny and CCI p5
Who's who nominations p5
Zonta shopping p5
White ribbon picnic p6
Diary p6
Christmas dinner p6

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Club Meetings

Second Thursday of the
month, 6.15pm for 6.45pm at
The University Club, UWA.

Apologies by 12 noon
previous Monday to

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Inzert

Please send any articles or
photos for Inzert to:
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There's a Bibbulmun track winding back...

Carole Theobald

The Bibbulmun Track is nearly one thousand kilometres long and stretches from Kalamunda to Walpole. A group of intrepid Zontians had a lovely weekend recently walking the track...luckily it was only the first 15km on this fun and fellowship weekend...

I am sat in my noisy hotel in Jakarta looking out of the window at high rise buildings, traffic jams and smog and remembering a contrasting world...the world of the Bibbulmun track. Was it only two weeks ago that a few of our club members and friends walked the first stage of the track, camped out under the stars and joined more Zontians and friends for a lovely outdoor breakfast at the Mundaring Weir Hotel?

The possibility of such an adventure would be beyond the imagination of most people in Jakarta. There are no country walks within an hour of this city, let alone one where it is safe enough to sleep outside without a guard. Yet such opportunities are taken for granted in our country. This is the story of the lovely Bibbulmun Walk weekend.

Setting out

This walk was planned to the smallest detail so that everyone could get the most from it. Wendy MacGibbon, Sciona Browne and Fiona Crowe worked things through so there were plenty of options for members to participate. They could do the full walk or part of it, stay at the hotel or join the walkers at the hotel for breakfast. They even worked things out so that we didn't have to carry our camping equipment. Wendy MacGibbon took all our gear and brought it out to us at our camping



The walking group prepares to set off after a quick cup of tea at the northern terminus of the track. L-R: Chris (Dawn's friend), Fiona, Fiona, Anne Marie, Carole, Sciona, Dawn and Jess.

place later in the day. This meant we had very little to carry and could really enjoy the walk.

We started from the northern terminus of the track at Kalamunda. Wendy produced tea, coffee and cakes which we ate under the gum trees and had a chat. The walkers included Sciona, Fiona, Anne Marie and Carole from the Zonta Club of Perth and Dawn Newman from the Zonta Club of Perth Northern Suburbs. In addition, Wendy MacGibbon's neighbour, Fiona, Dawn's friend Chris, Carole's husband, David and Sciona's friend Jess, joined us for the walk.

Elaine Newman from the Zonta Club of Swan Hills also came to see us off—so it was quite a Zonta event!



Morning tea: L-R: Wendy, Jess, Sciona, Anne Marie, Chris, Dawn, Elaine and David



Bibbulmun track...continued

The walk in pictures

They say a picture is worth a thousand words—so for those who were not able to join in on the walk, this is what you missed.

The first part of the track is actually along the road—very easy walking downhill, but we soon entered into the bush and the track became more undulating.



The first part of the track is along the road

It was lovely to walk along the track and see the wildflowers in bloom, smell the gum trees and hear the birds in the trees around us. The track wound up and down and



Among the wild flowers

round and round and eventually we had the most magnificent view across the Kalamunda hills.



View over Kalamunda hills.

In places, steps had been carved out of the track so that you did not slip on the gravelly surface. Jess had completed this section on a number of occasions and explained that the track had recently been upgraded, some of it by prisoners. They did a good job. It could not have been easy to carve out some of those steps.



Steps made the going easier

But in some places we just had to scramble over the rocks...



Scrambling over the rocks

We found a babbling brook and in a crystal clear rockpool, saw some tadpoles darting around.



Anne Marie focuses in on the tadpoles

It was quite hilly in this area and I was feeling decidedly unfit. We stopped for a drink and a short rest under some trees and soon afterwards crossed the stream.



Crossing the stream

Sciona tells us that we will soon be at the Camel Farm where there is ice cream. With this strong motivation we continued along the track with a freshened pace....!



Not far to the Camel Farm and ice cream

**Find out more about the
Bibbulmun track
visit
www.bibbulmuntrack.org.au**

Bibbulmun track... continued

Along the way, Anne Marie pointed out many of the wild flowers and took great delight in showing how the trigger flowers worked. We walked through an area where there had been a recent bush fire and it was fascinating to see how the bush was regenerating.

At last, the Camel Farm! We had a loo stop and sat in the shade of the verandah, eating our packed lunches followed by ice creams! The Camel Farm is an interesting place—must go back another day and ride the camels there....



The Camel Farm—and ice cream stop!

After lunch we continued along the track and passed a few people coming the other way. Everyone says hello—though conversations are not prolonged—reckon people don't have enough breath or are caught up in their own meditation.

We soon got to Hewett's Hill where there is a three sided hut for walkers to stay overnight. There is a toilet, a couple of water tanks and a BBQ pit. The hut contains two very large bunk beds (really sleeping platforms)



Hewett's Hill has overnight facilities for walkers.

where you can put down your swag off the ground and have a good sleep. The hut is not intended for large groups of people, so we did not stay here.

We continued through the bush and saw a kangaroo that was quite surprised to see us on his turf!



Walking through the bush on a perfect day

It is beautiful to walk among the trees. The weather was not too hot, not too cold and there were no flies. The sky was vivid blue and bright. Magic!

My legs were beginning to feel very heavy, so I was very pleased when we saw Mundaring Weir in the distance.

We stopped at a picnic area where we were met by Wonderful Wendy who had tea, coffee and cake to revive the walkers.



Walkers are revived by Wendy's afternoon tea

The picnic area had barbeques, so when the 'day trippers' had departed we unloaded the car and set up the table for dinner.

Zontians sure know how to cater and the table was heaving with cheeses, and a wide range of nibblies including smoked oysters.



Nothing like a feast after a long walk!

The wine cellar was rather good too, and we took a trip round the world sampling them all!

Before the sun set, we laid out our sleeping bags on a nearby observation deck, the 'penthouse suite'. This was like an enormous play pen with a magnificent view of the sky uninterrupted by trees.



Sleeping over in Penthouse Suite

Dawn had thoughtfully packed a nightcap of chocolate punch and made sure that we had our 'medicine' before we went to sleep.





Bibbulmun trackcontinued.

We watched Orion rise and saw many meteors flying through the sky. This is a great place for sky-watching.

Slowly everyone went to sleep, though the next morning some swore blind that we had had a visitor during the night ...

It was great being able to load up the car the next morning and make the short walk to the Mundaring Weir Hotel for breakfast only carrying water bottles.



No bags to carry for the morning walk to the hotel

We soon popped out of the bushes and saw the Mundaring Weir ahead.



Crossing the Mundaring Weir.

The hotel is just the other side of the Weir.

The group saw another large kangaroo at the far side of the weir.

The Mundaring Weir has a fascinating history and it is mind blowing to think that this water feeds the city of Kalgoorlie so far away.



Jess feels the water supplying Kalgoorlie

At the hotel we admired Wendy's room (mission HQ) and made our way to the restaurant where a special balcony had been reserved for us.

Judy and Kevin Tennant, Margaret Medcalf, Marg Giles, Lennie McCall, Marilyn Rainier and Elaine Newman joined the walkers for breakfast in the shade of the trees with parrots overhead.



Breakfast on the balcony in the trees.

One of the parrots took a shine to Kevin's jacket and christened it as his own! Marilyn appeared to tame one of them as it seemed to be sitting on her shoulder....



Marilyn has a go at parrot taming

My legs seemed like concrete when I sat down for breakfast, so I was very grateful that there were fresh legs around to get the toast! The steps up to the balcony had finished me off...



Pancakes and sausages?

The breakfast was scrumptious and I was fascinated to see Margaret Medcalf eat pancakes, maple syrup with sausages...a combination I had not seen before!

We whiled away the morning with the leisurely breakfast, reliving the previous day along the track and planning the next one!



Reliving the adventure and planning the next!

So, I come back to reality and look once more out of my Jakarta window—the smog is still there, though the sun is trying hard to shine through the clouds and the traffic of the eight lane major road below me is building once more. A young girl leads a blind old lady (her grandmother?) through the traffic, begging for money from drivers—I wonder if this young girl will ever get the chance to walk among the trees?

In the spotlight...

Flett takes CCI helm

Penny Flett, the chief executive of the Brightwater Care Group, has become the first woman to be elected president of the WA Chamber of Commerce and Industry. Dr Flett, a 1998 Telstra Business Woman of the Year, succeeds Dr Brian Hewitt. WA Newspapers Holdings chief executive Ken Steinke, Water Corp executive Susan Murphy and University of WA deputy vice-chancellor Professor Margaret Seares joined the chamber's general council.

Movers & Shakers P80

West Australian, Saturday 21st October, p75

Win a \$2,000 wine cellar raffle!

If you need more tickets for our club's fundraising raffle—just contact Sciona or email zontaperth@yahoo.com.au

Sciona can be found outside Bunnings stores at weekends selling tickets...

Spare a thought for Afghanistan's women

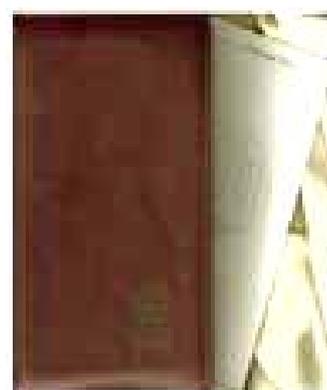
Zonta International projects in the last few years have included some to help improve women's lives in Afghanistan.

The Support Association for the Women of Afghanistan (SAWA) advises that the Taliban are regrouping fast, refugee numbers are

rising and support for Afghanistan's women is needed more than ever.

Learn more about what life is really like for Afghanistan's women in the SAWA's November newsletter available at www.sawa-australia.org

Zonta shopping—on our club website....



- **Wandjina Cards**—our own club's blank A6 sized greetings cards feature Yvonne Burgu's painting that she gifted to our club. Great for Christmas cards. Ask Sciona about bulk discounts.
- The Zonta Club of Waverley is now taking orders for **2007 diaries**. These feature practical leather wallet with gold Zonta logo, personal directory, week at a glance, public holidays, school terms and much more.
- The Zonta **shoe bags** sold by Perth Northern Suburbs club are just soooo useful. Whether you use them to store shoes, knickers or computer cables—they are durable, lightweight and definitely versatile. \$10 each or 6 for \$50—if you **get your order to Sciona before the November meeting**, she can put a bulk order in, so you could get the bulk discount price!

Order forms available from www.zontaperth.org.au

**Call for nominations
WHO'S WHO OF
AUSTRALIAN WOMEN
'Embrace the Journey'**

In June 2006, Crown Content, publisher of the 100-year-old *Who's Who in Australia*, published its inaugural edition of *Who's Who of Australian Women*, a biographical reference book documenting the lives of notable and significant Australian women.

Launched to critical acclaim, there has been an overwhelmingly positive acceptance and acknowledgment of the publication.

With the 2006 edition now sold out, a new edition will recognise more of Australia's remarkable women and publish new ideas and reflections.

Our 2007 theme 'Embrace the Journey' is the next step in recording the history of women in Australia and will feature an even broader range of Australian women and their contributions to all areas of society.

We are now calling for you to make nominations for *Who's Who of Australian Women 2007*, and invite you to submit the names of women who have either demonstrated excellence in their

field or significantly contributed to Australian society – ranging from prominent leaders to the unsung heroes of your community.

Nomination forms can be found online at www.whoswholive.com.au or suggestions can be emailed to whoswho@crowncontent.com.au.

**Nominations close on
24 November 2006.**

Further information can be obtained by calling Suzannah Pearce, Crown Content's Group Editor, on 1300 854 686.

Amnesty International's

White Ribbon Day Picnic in the Park

- Saturday the 25th November, 10.00am and 2.00pm.
- Commemorates The United Nations International Day for the Elimination of Violence against Women (UNIDEVAW) or White Ribbon Day.
- Informal picnic at Lotteries West Family Area, located near Sticky Beaks Café off Kings Park Road, between
- "Welcome to Country" will be provided by respected Noon-gar elder Ben Taylor, with Daniel Garlett on didgeridoo.
- Sausage sizzle, some salads, white ribbons and a banner stamping activity will also be available.
- Please bring a plate of food to share and join us in this worldwide event.

White Ribbon Day is a worldwide community awareness campaign initiated in 1991 by a group of Canadian men urging other men to speak out about violence against women. The wearing of a white ribbon is symbolic and denotes the wearer will not "commit, condone or remain silent" about violence against women and children. White Ribbon Day is the largest effort by men across the world working in partnership with women to end violence.

White Ribbon Day is also the start of 16 days of Activism Against gender violence, which begins on the 25th November and ends on International Human Rights Day, the 10th December. These two dates were chosen to symbolically link violence against women as a human rights violation. 16 Days of Activism is a world wide campaign where people take collective action to raise awareness about gender violence.



**Zonta Club of Perth
CHRISTMAS DINNER**

- Thursday 14th December
- 6.30pm
- \$50 per person (includes drinks)
- Professionally catered at Karen's
- Members are welcome to bring a guest
- RSVP, payment and name of guest to Lennie McCall before Friday 1st December

Please bring small unwrapped gift for Zonta House refuge ladies

Menu includes prawn and avocado cocktail, melon with ginger, roast turkey, glazed leg ham, loads of vegetables, Christmas pudding, trifle, champers and wine...so book now!

Diary Dates

9th November—Club Dinner Meeting
The University Club, UWA 6.15 for 6.45pm.

11 November 2006—Founders Day Dinner, 6.30 for 7pm.
This event will be hosted by Zonta Club of Swan Hills and held at Guildford Grammar. RSVP to: dee.saunders@mainroads.wa.gov.au.

25th November to 10th December—16 Days of Activism Against Gender Violence.
This year's theme is "Celebrate 16 Years of 16 Days: Advance Human Rights - End Violence Against Women". See www.cwgl.rutgers.edu for more information

25th November White Ribbon Day Picnic, King's Park
Join in this worldwide event. (see advert)

14th December—Christmas Party
Book your place now for the Christmas Party and be there for the raffle draw!

31st March—2nd April Area Workshop
This event will be hosted by Perth Northern Suburbs— make a note of the dates.

14-16 September 2007—District 23 Conference, Tasmania
—make a note in your diary now!
Tasmania will be beautiful at this time of year.

WANT TO KNOW WHAT IS HAPPENING IN OUR CLUB?

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Zonta diary or
Zonta shoe bags today—
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